



Spousal Support Mediation

Alimony or spousal support is one of the more challenging matters to resolve in a divorce. Following a divorce, many spouses naturally detest the idea of having to pay financial support to their ex. Therefore, engaging the services of a spousal support mediator can assist both parties in recognizing their long-term responsibilities and arrive at a mutually acceptable alimony arrangement.

A mediator is an impartial third party who does not decide anything for you or your ex-spouse, but facilitates conditions that enable you to determine what is ideal for both.

The Anxiety of Negotiating Spousal Support

Regrettably, disagreements amongst ex-spouses over spousal support payments often result in emotional conflict. The emotions each spouse feels regarding how and why their marriage failed can make reaching a spousal support agreement more difficult.

Both parties' attitudes towards alimony are likely to be impacted if one spouse feels that they faithfully remained in the marriage throughout the good and the bad times, only to be abandoned by the other.

Mediation Helps Keep the Focus on the Future

During alimony conversations, it is tempting for the ex-spouses to turn the discussion toward the past and recount their bitterness or bring up old resentments. A skilled spousal support mediator helps reduce these tensions by guiding both parties to focus on the future rather than what has previously happened.

Spousal support is designed to ensure that both ex-spouses enjoy a fair amount of financial security following the divorce. The mediator will explain to both parties that spousal support is not a form of retaliation, but it is about ensuring that both former spouses can live comfortably in their post-divorce lives.

Alimony Resolution Options through Mediation

Spousal support in a divorce can be a sensitive subject to handle, so it requires resourcefulness on part of the mediator when coming up with settlement options. A knowledgeable alimony mediator can help divorcing couples come to specific agreements about alimony by presenting before them options, such as alimony buyout, deferred payments, lump sum payment, etc.

Alimony Buyouts

In some situations, ex-spouses can avoid alimony by changing how the marital property gets divided. They may give the potential recipient of alimony a larger share of the marital assets in exchange for giving up the right to obtain spousal support in the future. An expert mediator's recommendations can be helpful when arranging a fair buyout.

Positive Results

Because mediation helps people get past their negative emotions and focus on unique solutions that meet each spouse's actual needs, it is particularly effective when it comes to resolving spousal support concerns. Despite the intense emotional toll that divorce negotiations may take, alimony disputes are best settled through inventive mediation agreements in which each side escapes the unpredictability, stress, and expense of a court trial in exchange for a reasonable compromise.